

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## **Rentia Proctor-**Parker

Has successfully participated & completed the

5km Trail PlanetFitness Trail Run

held at Bezhoek Farm.

## **TIME** 01:19:33

**PACE** 15:54/km OVERALL 10 of 18

**GENDER** 4 of 9 40 - 49 1 of 2



Signature

05 October 2019, Sat

Date